

Welcome to

Ming's

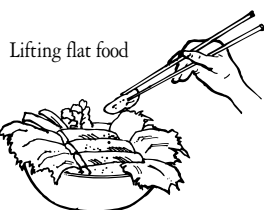
We have endeavoured to create an atmosphere in menu selection that will make your visit a truly memorable one.

If you are not familiar with Chinese food, let one of our waiters make suggestions and explain the traditions of eating that are famous throughout the world. Courtesy is a by-word at Ming's and we consider it a privilege to help you select our most popular dishes.

For family occasions, club dinners, wedding parties, and business functions, we will be pleased to make arrangements for special favours. Please ask the manager for particulars.

Many of our guests take pleasure dining in the traditional Chinese manner. In order to make your meals more colorful and enjoyable, chopsticks are provided, and if one is not familiar in their use our waiters will be pleased to instruct you.

Here are some simple pointers to remember:



* All our dishes are cooked with Vegetable Oil

Starters

Lettuce Wrap	12.50	Salt 'n Pepper Calamari	9.95
Our famous Taco of Beef, Mushrooms and Bamboo Shoots, served with Lettuce		Dim Sum (4)	5.95
		With Soya Sauce	
Egg Rolls (4)	6.95	Chef's Appetizer Plate	12.95
Served with Hot Mustard and Plum Sauce		Egg Rolls, BBQ Pork, Chicken Wings and Calamari	
Vegetarian Egg Rolls are also available		Mo Shu Pork	12.50
B B Q Pork	9.95	Stir Fried Pork, Bamboo Shoots and Celery, served with Crepes	
Chicken Wings	9.95		
Deep fried in our special Light Batter			

Soup

Won Tun	4.25	Winter Melon (serves 4)	12.50
Wor Won Tun		Tofu (Bean Cake) & Seafood Cream (serves 4)	12.95
Chicken, BBQ Pork, Shrimp & Vegetables		Chicken Cream Corn (serves 4)	12.95
(S) 3 - 4	13.50		
(L) 6 - 8	20.50		
Hot 'n Sour	4.50		

Beef or Pork

Sauteed Peapods with BEEF	13.50	Curried Beef	13.50
BBQ PORK	13.50	Beef 'n Bok Choi	13.50
		Chinese Greens	
Sauteed Broccoli with BEEF	12.50	Honey Garlic PORK	14.50
BBQ PORK	12.50	RIBS	14.50
Mandarin Style		Beef & Tomatoes	12.50
In a Tangy Oriental BBQ Sauce		Beef Gai-Lan	13.50
BEEF	18.95	Chinese Broccoli	
RIBS	14.50		

Chow Mein

A blend of Bean Sprouts and Fried Noodles in the following manner:

CHINESE STYLE	10.95
CHICKEN	10.50
SHRIMP	12.50
MUSHROOM	10.95
CRUSHED ALMOND	10.95
BEEF & TOMATOES	11.50

Ming's Special

Chinese Style Pan Fried Noodles crowned with Shredded Chicken, BBQ Pork, Mushrooms and Vegetables

Hong Kong Style

Pan Fried Crispy Noodles covered with Shrimp, Chicken, BBQ Pork and Seasonal Vegetables

Ming's Lo Mein

Chicken, Shrimp, BBQ Pork, Tomatoes and Seasonal Vegetables on a bed of Soft Noodles

Sweet 'n Sour

With Our Own Special Blend of Sauce:

LEAN PORK	12.95
CHICKEN	14.50
SHRIMP	14.95
CALAMARI	13.50
RED SNAPPER	14.50
SCALLOPS	17.95

Fried Rice

Stir Fried Rice with BBQ Pork, Lettuce, Green Onion and your choice of the following:

BEEF & TOMATOES	11.50
CHICKEN	10.50
SHRIMP	12.50
MUSHROOM	10.95
CURRIED CHICKEN OR BEEF	11.50

Ming's Special

Prepared Cantonese Fashion with Shrimp, Mushrooms, BBQ Pork, Egg, Pea and Chinese Sausage

Fried Rice Supreme

PLEASE ASK YOUR SERVER!

Chop Suey

A Mixture of Fresh Vegetables lightly sauteed to perfection with your choice of:

MUSHROOM	10.50
BEEF	10.50
CHICKEN	10.50
SHRIMP	14.50
DICED CHICKEN & CASHEW	11.95
DICED CHICKEN & ALMOND	11.95

Ming's Special

A blend of Chicken, BBQ Pork, Shrimp, Snowpeas, Water Chestnuts, Bamboo Shoots & Chinese Greens

Seafood

Sauteed Prawns with	15.95
BBQ HOY SIN SAUCE BLACK BEAN GARLIC SAUCE FRESH TOMATOES CURRIED	
Butterfly Prawns	17.50
Stuffed with Shrimp, Pork and Chicken, served with Tomato Sauce & Crushed Almond	
Pan Fried Prawns	15.95
Deep Fried Prawns	13.50
Sauteed Peapods	
<i>or Gai-Lan (Chinese Broccoli) with:</i>	
PRAWNS	16.50
SCALLOPS	17.95
CALAMARI	15.95
RED SNAPPER	15.95
Salt 'n Pepper Calamari	14.50

Fowl

Gai Kew	14.50
Cubes of Boneless Chicken sauteed with: TOMATOES BLACK BEAN GARLIC SAUCE MUSHROOMS BBQ HOY SIN SAUCE PINEAPPLE (SWEET & SOUR)	
Lemon Chicken	14.50
Gai Pein	13.50
Sliced Chicken with: MUSHROOMS & PEAPODS BOK CHOI (Chinese Greens) GREEN PEPPERS	
Sesame Chicken	15.50
Cubes of Chicken Breast sauteed with Mushrooms, Green Pepper, Onion and Cucumber	
Crystal Chicken	15.50
Cubes of Chicken Breast on a bed of Peapods	
Curried Chicken	13.50
Cantonese Style	
CRISPY CHICKEN	(W) 26.95 (H) 14.95
CHICKEN WINGS	11.50
Almond Breaded Chicken	13.50

Vegetarian

Lo Hon Jai	12.50
Traditional Buddhist Vegetable Dish	
Tofu & Mushrooms	12.50
Black Bean Garlic Sauce	
Vermicelli	11.50
Thread Bean Noodles with Vegetables	
Sweet 'n Sour Mushrooms	11.50
Cbow Mein	12.95
Variety of Seasonal Vegetables on a bed of Crispy Pan Fried Noodles	
Fried Rice	10.50
Stir Fried Rice with Mushrooms, Carrots and Peapods	
Sauteed Seasonal Vegetables	11.50
Salt 'n Pepper Tofu	12.95

Birds Nest	19.50
Potato Basket Full of Shrimp or Scallops with Cashews	
Steamed Pacific Salmon	17.95
Black Bean Garlic or Soya Sauce	
Live Dungeness Crab	current market price
Ginger and Green Onion or Black Bean Garlic Sauce	
Sampan Plate	34.95
A Magnificent Blend of Lobster, Scallops, & Jumbo Prawns, Lightly Seasoned and Steamed	
Lobster Cantonese	39.95
Cooked in Black Bean Garlic Sauce	
Live Lobster	current market price
Steamed or Sauteed in Ginger Sauce	

Duck

Peking Duck	45.95
Two Courses, please order 24 hours in advance	
Barbecued Duck	11.95
Served with Plum Sauce	
Si Woo Duck	18.95
Boneless with Jop-Kum Sweet 'n Sour Sauce	
Plum Sauce Duck	18.95
Boneless	

Szechuan

Birds Nest	19.50
Potato Basket full of CHICKEN or SHRIMP with Cashews	
Ma - Po Tofu	12.50
Bean Cake Traditional Style with Minced Pork	
Kung - Pao Spicy	
BEEF	14.50
CHICKEN	14.50
SHRIMP	16.95
SCALLOPS	18.50
Stir Fried Pork	14.50
With Bamboo Shoots & Mushrooms on a bed of Spinach	
Ginger Beef	14.50
Sautéed Beef Strips with Shredded Vegetables	
Ginger Fried Beef	14.50
Shredded Fried Beef Strips sautéed with Spicy Sweet & Sour Sauce.	
Hot 'n Sour Beef	14.50
Sliced Beef sauteed with Szechuan Hot 'n Sour Sauce	

* All above dishes can be ordered Mild, Medium or Hot

Canadian

Chicken Wings & Chips	12.95
Fish 'n Chips	12.95
Salmon Steak	17.50
Served with Stir Fried Vegetables and your choice of French Fries, Steamed or Fried Rice	

Our Dynasty and Emperor dinners are much the same as Oriental banquets and the secret of their popularity is in the many varieties of tasty Chinese foods served in an Oriental atmosphere.

The Dynasty Dinner

20.95 PER PERSON
(Minimum service 2 persons)
Egg Rolls
Szechuan Shrimp with Cashews
Mushroom Gai Kew (Boneless Chicken)
Sweet and Sour Goo Loo Pork
Ming's Special Chow Mein
Chinese Tea and Cookies

The Emperor Dinner

22.95 PER PERSON
(Minimum service 2 persons)
Egg Rolls
Butterfly Prawns
Szechuan Style Beef (Boneless Chicken)
Mushroom Gai Kew
Ming's Special Chow Mein
Sweet & Sour Goo Loo Pork
Chinese Tea and Cookies

For 3 or more persons, portions increased accordingly
For 4 or more persons add Ming's Fried Rice

Ming's Special Dinners

14.95 PER PERSON
(Minimum service 2 persons)

For Two	For Four
Chinese Style Chow Mein	Chinese Style Chow Mein
Breaded Almond Chicken	Breaded Almond Chicken
Deep Fried Prawns	Deep Fried Prawns
Cashew Gai Ding	Chicken Fried Rice
Sweet and Sour Boneless Pork	Cashew Gai Ding
(For 3, portions increased accordingly)	Sweet and Sour Boneless Pork
	(For 5, 6, or 7, portions increased accordingly)
	(For 7 or more, add Beef and Broccoli)

Individual Combos

King's Plate	Queen's Plate
16.95	15.50
Egg Rolls	Chinese Style Chow Mein or Fried Rice
Chinese Style Chow Mein or Fried Rice	Breaded Almond Chicken or Deep Fried Prawns
Breaded Almond Chicken or Deep Fried Prawns	Cashew Gai Ding
Cashew Gai Ding	Sweet and Sour Boneless Pork
Sweet and Sour Boneless Pork	
Prince's Plate	Vegetarian's Plate
14.50	15.50
Breaded Almond Chicken or Deep Fried Prawns	Egg Rolls
Chinese Style Chow Mein	Chinese Style Chow Mein
Sweet and Sour Boneless Pork	Sauteed Seasonal Vegetables
	Sweet and Sour Mushrooms
Chinese Tea and Cookies served with above	

Beverages

Tea or Coffee	2.75
Spring Water	3.95
Milk	3.25
Orange Juice	3.25
Coke, Sprite, Ginger Ale	2.75

Minimum Service 8.00 per person